

# FM vaksín 2020

22-23 Aug, 2020, Tórshavn (Tórsbreyt)

100m · Men · Senior · Final 22 Aug, 2020, 14:50 · Wind: -1.3

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	<b>Andreas Bjarnastein Antoft</b>	Bragdið		3		<b>11.57</b>
2	<b>Dánjal Dahl Ljósheim</b>	Hvirlan		2		<b>11.71</b> PB
3	<b>Miso Buha</b>	Hvirlan		4		<b>11.79</b> PB
	<b>Bergtór Thomsen</b>			5		DNS

100m · Women · Senior · Heat · Group 1 22 Aug, 2020, 13:15 · Wind: -0.3

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	<b>Elisabeth H. Simonsen</b>	Bragdið		2		<b>13.03</b> Q
2	<b>Margit Weihe Fríðmundsdóttir</b>	Bragdið		4		<b>13.60</b> Q SB
3	<b>Teresa Fríðriksdóttir Bláhamar</b>	Bragdið		5		<b>13.83</b> q SB
4	<b>Maiken Olsen</b>	Hvirlan		3		<b>18.40</b>

100m · Women · Senior · Heat · Group 2 22 Aug, 2020, 13:20 · Wind: +0.6

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	<b>Oddvör Josephsen</b>	Treysti		2		<b>13.15</b> Q PB
2	<b>Bára Jógvansdóttir Glerfoss</b>	Bragdið		3		<b>13.33</b> Q SB
3	<b>Björg Djurhuus Jensen</b>	Bragdið		4		<b>14.03</b> q SB
4	<b>Arina Ludvig Michelsen</b>	Bragdið		5		<b>14.40</b>

100m · Women · Senior · Final 22 Aug, 2020, 15:00 · Wind: +0.9

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	<b>Oddvör Josephsen</b>	Treysti		4		<b>13.13</b> PB
2	<b>Elisabeth H. Simonsen</b>	Bragdið		3		<b>13.14</b>
3	<b>Bára Jógvansdóttir Glerfoss</b>	Bragdið		2		<b>13.49</b> SB
4	<b>Margit Weihe Fríðmundsdóttir</b>	Bragdið		5		<b>13.57</b> SB
5	<b>Teresa Fríðriksdóttir Bláhamar</b>	Bragdið		1		<b>13.77</b> SB
6	<b>Björg Djurhuus Jensen</b>	Bragdið		6		<b>14.33</b> SB

4x100m · Men · Senior · Final 22 Aug, 2020, 15:40

Place	Relay team	Club/School	Bib no.	Lane	React.	Result	Split	Lap
1	<b>Bragdið</b>			3		<b>46.78</b>		
	1. <b>Andreas Bjarnastein Antoft</b>							
	2. <b>Jónas Gunnleivsson Isaksen</b>							
	3. <b>Rúni Seloy</b>							
	4. <b>Tummas Sjóvará</b>							

4x100m · Women · Senior · Final 22 Aug, 2020, 15:50

Place	Relay team	Club/School	Bib no.	Lane	React.	Result	Split	Lap
1	<b>Bragdið 1</b>			2		<b>52.65</b>		
	1. <b>Bára Jógvansdóttir Glerfoss</b>							
	2. <b>Elisabeth H. Simonsen</b>							
	3. <b>Margit Weihe Fríðmundsdóttir</b>							
	4. <b>Teresa Fríðriksdóttir Bláhamar</b>							
2	<b>Treysti</b>			3		<b>53.58</b>		
	1. <b>Vibeka Eihilt Sivertsen</b>							
	2. <b>Maria Biskopstø</b>							
	3. <b>Rebekka Fuglø</b>							
	4. <b>Oddvör Josephsen</b>							
3	<b>Bragdið/Hvirlan</b>			4		<b>57.87</b>		
	1. <b>Björg Djurhuus Jensen</b>							
	2. <b>Kristina Verlandsdóttir Hayfield</b>							
	3. <b>Arina Ludvig Michelsen</b>							
	4. <b>Sarah Vallin</b>							

110m Hurdles · Men · Senior · Final 23 Aug, 2020, 13:00 · Wind: +4.0

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	<b>Andreas Bjarnastein Antoft</b>	Bragdið		4		<b>17.53</b>
	<b>Bergtór Thomsen</b>			3		DNS
	<b>Magni Hansen</b>	Roysnið		5		DNS

200m · Men · Senior · Final 23 Aug, 2020, 14:40 · Wind: +0.9

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	<b>Dánjal Dahl Ljósheim</b>	Hvirlan		3		<b>23.28</b> PB
2	<b>Miso Buha</b>	Hvirlan		2		<b>23.35</b> PB
3	<b>Tummas Sjóvará</b>	Bragdið		5		<b>23.72</b>
4	<b>Jónas Gunnleivsson Isaksen</b>	Bragdið		4		<b>24.07</b> PB
	<b>Bergtór Thomsen</b>			1		DNS
	<b>Sveinur Silvurstein</b>	Bragdið		6		DNS

200m · Women · Senior · Heat · Group 1 23 Aug, 2020, 13:10 · Wind: +1.7

# FM vaksín 2020

22-23 Aug, 2020, Tórshavn (Tórsbreyt)

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Elisabeth H. Simonsen	Bragdið		2		27.37 Q
2	Oddvör Josephsen	Treysti		5		27.69 Q
3	Margit Weihe Fríðmundsdóttir	Bragdið		3		27.78 q
4	Vibeka Eihilt Sivertsen	Treysti		4		29.24
5	Björg Djurhuus Jensen	Bragdið		1		29.46 PB

## 200m · Women · Senior · Heat · Group 2

23 Aug, 2020, 13:15 · Wind: +2.9

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Maria Biskopstø	Treysti		2		27.34 Q
2	Bára Jógvansdóttir Glerfoss	Bragdið		3		27.48 Q
3	Arina Ludvig Michelsen	Bragdið		4		28.68 q
4	Maiken Olsen	Hvirlan		5		39.35

## 200m · Women · Senior · Final

23 Aug, 2020, 14:50 · Wind: +0.3

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Maria Biskopstø	Treysti		3		26.48 PB
2	Elisabeth H. Simonsen	Bragdið		4		26.72 SB
3	Oddvör Josephsen	Treysti		5		27.04 PB
4	Margit Weihe Fríðmundsdóttir	Bragdið		1		27.72
5	Bára Jógvansdóttir Glerfoss	Bragdið		2		27.94 SB
6	Arina Ludvig Michelsen	Bragdið		6		29.25 PB

## 400m · Men · Senior · Final

22 Aug, 2020, 15:20

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Tummas Sjóvará	Bragdið		3		54.69
2	Jónas Gunnleivsson Isaksen	Bragdið		4		54.96
3	Júst í Túni	Treysti		5		1:12.89
	Sveinur Silvurstein	Bragdið		2		DNS

## 400m · Women · Senior · Final

22 Aug, 2020, 15:30

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Maria Biskopstø	Treysti		3		59.25
2	Oddvör Josephsen	Treysti		4		1:02.89
3	Margit Weihe Fríðmundsdóttir	Bragdið		5		1:05.46
4	Vibeka Eihilt Sivertsen	Treysti		2		1:07.67

## 400m Hurdles · Men · Senior · Final

22 Aug, 2020, 13:00

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Dánjal Dahl Ljósheim	Hvirlan		3		1:01.03

## 4x400m · Men · Senior · Final

23 Aug, 2020, 15:45

Place	Relay team	Club/School	Bib no.	Lane	React.	Result	Split	Lap
1	<b>Bragdið</b>	Bragdið		1		<b>3:39.94</b>		
	1. Andreas Bjarnastein Antoft						57.02	57.02
	2. Jónas Gunnleivsson Isaksen						1:51.86	54.84
	3. Rúni Seloy						2:47.42	55.56
	4. Tummas Sjóvará						3:39.94	52.52
2	<b>Hvirlan/Treysti</b>			2		<b>4:07.22</b>		
	1. Júst í Túni						1:11.16	1:11.16
	2. Kristian Sivertsen						2:19.87	1:08.71
	3. Dánjal Dahl Ljósheim						3:12.69	52.82
	4. Míso Buha						4:07.22	54.53

## 4x400m · Women · Senior · Final

23 Aug, 2020, 15:25

Place	Relay team	Club/School	Bib no.	Lane	React.	Result	Split	Lap
1	<b>Treysti</b>	Treysti		2		<b>4:07.79</b>		
	1. Vibeka Eihilt Sivertsen						1:06.32	1:06.32
	2. Oddvör Josephsen						2:08.53	1:02.21
	3. Rebekka Fuglø						3:09.33	1:00.80
	4. Maria Biskopstø						4:07.79	58.46
2	<b>Bragdið 1</b>	Bragdið		1		<b>4:27.84</b>		
	1. Bára Jógvansdóttir Glerfoss						1:09.31	1:09.31
	2. Teresa Fríðriksdóttir Bláhamar						2:15.34	1:06.03
	3. Elisabeth H. Simonsen						3:20.18	1:04.84
	4. Margit Weihe Fríðmundsdóttir						4:27.84	1:07.66

## 800m · Men · Senior · Final

22 Aug, 2020, 13:40

Place	Athlete	Club/School	Bib no.	Lane	React.	Result
1	Julian Gregersen	Treysti		3		2:06.29
2	Rúni Seloy	Bragdið		2		2:08.57
3	Jónas Gunnleivsson Isaksen	Bragdið		4		2:09.39
4	Júst í Túni	Treysti		5		2:59.15 SB

**FM vaksín 2020**  
22-23 Aug, 2020, Tórshavn (Tórsbreyt)

800m · Women · Senior · Final 22 Aug, 2020, 13:30

Place	Athlete	Club/School	Bib no.	Lane	Result
1	<b>Rebekka Fuglø</b>	Treysti		4	<b>2:17.02</b>
2	<b>Maria Biskopstø</b>	Treysti		5	<b>2:26.77</b>
3	<b>Vibeka Eihilt Sivertsen</b>	Treysti		3	<b>2:33.44</b>
4	<b>Kristina Verlandsdóttir Hayfield</b>	Hvirlan		2	<b>2:45.23</b>
	<b>Oddvör Josephsen</b>	Treysti		6	DNS

1500m · Men · Senior · Final 23 Aug, 2020, 13:55

Place	Athlete	Club/School	Bib no.	Result
1	<b>Julian Gregersen</b>	Treysti		<b>4:21.08</b>
2	<b>Kristian Sivertsen</b>	Treysti		<b>5:29.93</b>
3	<b>Júst í Túni</b>	Treysti		<b>6:05.63</b> SB
	<b>Magni Hansen</b>	Roysnið		DNS

1500m · Women · Senior · Final 23 Aug, 2020, 14:10

Place	Athlete	Club/School	Bib no.	Result
1	<b>Rebekka Fuglø</b>	Treysti		<b>4:49.90</b>
2	<b>Vibeka Eihilt Sivertsen</b>	Treysti		<b>5:31.27</b>
3	<b>Kristina Verlandsdóttir Hayfield</b>	Hvirlan		<b>5:49.46</b> PB
	<b>Oddvör Josephsen</b>	Treysti		DNS

3000m Steeplechase · Men · Senior · Final 23 Aug, 2020, 13:30

Place	Athlete	Club/School	Bib no.	Result
1	<b>Peter Jensen</b>	Bragdið		<b>11:14.22</b>
2	<b>Sam Vang</b>	Bragdið		<b>11:57.44</b>
	<b>Dánjal Dahl Ljósheim</b>	Hvirlan		DNS

5000m · Men · Senior · Final 22 Aug, 2020, 14:00

Place	Athlete	Club/School	Bib no.	Result
1	<b>Julian Gregersen</b>	Frederiksberg IF		<b>16:43.03</b>
2	<b>Rógvi Kárasen</b>	Bragdið		<b>17:35.81</b>
3	<b>Peter Jensen</b>	Bragdið		<b>17:40.82</b>
4	<b>Sam Vang</b>	Bragdið		<b>17:59.27</b>
5	<b>Magni Hansen</b>	Roysnið		<b>18:04.63</b>
6	<b>Ingi Johannessen</b>	Roysnið		<b>18:23.47</b>
7	<b>Bogi Hanusarson Højgaard</b>	Bragdið		<b>18:57.25</b>
8	<b>Súni Jacobsen</b>	Frælsi		<b>19:31.92</b>
9	<b>Jóan Petur Joensen</b>	Treysti		<b>19:43.91</b>
10	<b>Kristian Sivertsen</b>	Treysti		<b>20:38.40</b>

5000m · Women · Senior · Final 22 Aug, 2020, 14:00

Place	Athlete	Club/School	Bib no.	Result
1	<b>Sarah Vallin</b>	Bragdið		<b>18:23.56</b>
2	<b>Rigmor N. Arge</b>	Hvirlan		<b>20:49.43</b>
	<b>Borgarhjørt Holm</b>	Bragdið		DNS

5000m · Mixed · Senior · Final 22 Aug, 2020, 14:00

Place	Athlete	Club/School	Bib no.	Result
1	♂ <b>Julian Gregersen</b>	Frederiksberg IF		<b>16:43.03</b>
2	♂ <b>Rógvi Kárasen</b>	Bragdið		<b>17:35.81</b>
3	♂ <b>Peter Jensen</b>	Bragdið		<b>17:40.82</b>
4	♂ <b>Sam Vang</b>	Bragdið		<b>17:59.27</b>
5	♂ <b>Magni Hansen</b>	Roysnið		<b>18:04.63</b>
6	♂ <b>Ingi Johannessen</b>	Roysnið		<b>18:23.47</b>
7	♀ <b>Sarah Vallin</b>	Bragdið		<b>18:23.56</b>
8	♂ <b>Bogi Hanusarson Højgaard</b>	Bragdið		<b>18:57.25</b>
9	♂ <b>Súni Jacobsen</b>	Frælsi		<b>19:31.92</b>
10	♂ <b>Jóan Petur Joensen</b>	Treysti		<b>19:43.91</b>
11	♂ <b>Kristian Sivertsen</b>	Treysti		<b>20:38.40</b>
12	♀ <b>Rigmor N. Arge</b>	Hvirlan		<b>20:49.43</b>
	♀ <b>Borgarhjørt Holm</b>	Bragdið		DNS

High Jump · Women · Senior · Final 23 Aug, 2020, 13:20

Place	Athlete	Club/School	Bib no.	Result
1	<b>Teresa Fríðriksdóttir Bláhamar</b>	Bragdið		<b>1.55</b>
2	<b>Elisabeth H. Simonsen</b>	Bragdið		<b>1.45</b> =SB
3	<b>Arina Ludvig Michelsen</b>	Bragdið		<b>1.30</b> =PB

Attempts · High Jump · Women · Senior · Final

Place	Athlete	Attempts									
1	<b>Teresa Fríðriksdóttir Bláhamar</b>	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45		
		-	-	-	-	-	-	-	o		

# FM vaksín 2020

22-23 Aug, 2020, Tórshavn (Tórsbreyt)

		1.50 o	<b>1.55</b> o	1.62 xxx					
2	<b>Elisabeth H. Simonsen</b>	1.10 o	1.15 -	1.20 -	1.25 -	1.30 -	1.35 o	1.40 xxo	<b>1.45</b> o
3	<b>Arina Ludvig Michelsen</b>	1.10 xo	1.15 o	1.20 o	1.25 xxo	<b>1.30</b> xo	1.35 xxx		

## Long Jump · Men · Senior · Final

22 Aug, 2020, 13:00

Place	Athlete	Club/School	Bib no.	Result	Wind
1	<b>Andreas Bjarnastein Antoft</b>	Bragdið		<b>6.17</b>	+0.2
2	<b>William Helmsdal</b>	Bragdið		<b>5.59</b> SB	+1.1
3	<b>Miso Buha</b>	Hvírlan		<b>5.19</b>	+2.6
	<b>Jónas Gunnleivsson Isaksen</b>	Bragdið		DNS	

## Attempts · Long Jump · Men · Senior · Final

Place	Athlete	Attempts					
1	<b>Andreas Bjarnastein Antoft</b>	x	x	5.85 / +1.3	x	x	<b>6.17 / +0.2</b>
2	<b>William Helmsdal</b>	x	<b>5.59 / +1.1</b>	x	x	r	
3	<b>Miso Buha</b>	<b>5.19 / +2.6</b>	5.17 / +0.5	5.07 / +1.0	3.52 / +1.3	5.14 / +0.1	r
	<b>Jónas Gunnleivsson Isaksen</b>						

## Long Jump · Women · Senior · Final

22 Aug, 2020, 13:50

Place	Athlete	Club/School	Bib no.	Result	Wind
1	<b>Elisabeth H. Simonsen</b>	Bragdið		<b>5.06</b> SB	+0.3
2	<b>Bára Jógvansdóttir Glerfoss</b>	Bragdið		<b>4.84</b>	+0.0
3	<b>Margit Weihe Frímundsdóttir</b>	Bragdið		<b>4.77</b> SB	+2.0
4	<b>Arina Ludvig Michelsen</b>	Bragdið		<b>4.22</b>	+0.3
5	<b>Björg Djurhuus Jensen</b>	Bragdið		<b>3.92</b>	+1.6
	<b>Oddvör Josephsen</b>	Treysti		DNS	

## Attempts · Long Jump · Women · Senior · Final

Place	Athlete	Attempts					
1	<b>Elisabeth H. Simonsen</b>	4.78 / -0.3	5.03 / -1.5	<b>5.06 / +0.3</b>	5.01 / -1.3	4.90 / +0.0	x
2	<b>Bára Jógvansdóttir Glerfoss</b>	4.14 / -1.5	4.51 / -1.9	<b>4.84 / +0.0</b>	x	4.64 / +0.0	4.72 / -2.1
3	<b>Margit Weihe Frímundsdóttir</b>	4.56 / +0.3	<b>4.77 / +2.0</b>	4.14 / +0.0	4.48 / +0.6	4.58 / -0.7	4.56 / -1.5
4	<b>Arina Ludvig Michelsen</b>	3.65 / -0.4	3.67 / +1.0	4.02 / -1.5	<b>4.22 / +0.3</b>	4.01 / -1.1	4.01 / -0.2
5	<b>Björg Djurhuus Jensen</b>	<b>3.92 / +1.6</b>	3.41 / +0.6	r			
	<b>Oddvör Josephsen</b>						

## Triple Jump · Men · Senior · Final

23 Aug, 2020, 13:25

Place	Athlete	Club/School	Bib no.	Result	Wind
1	<b>Jónas Gunnleivsson Isaksen</b>	Bragdið		<b>11.31</b> PB	+2.0
	<b>Miso Buha</b>	Aarhus 1900		DNS	

## Attempts · Triple Jump · Men · Senior · Final

Place	Athlete	Attempts				
1	<b>Jónas Gunnleivsson Isaksen</b>	11.06 / +3.8	11.27 / +2.2	<b>11.31 / +2.0</b>	10.94 / +2.0	x 10.56 / +2.8
	<b>Miso Buha</b>					

## Triple Jump · Women · Senior · Final

23 Aug, 2020, 13:50

Place	Athlete	Club/School	Bib no.	Result	Wind
1	<b>Margit Weihe Frímundsdóttir</b>	Bragdið		<b>10.68</b>	+3.9
2	<b>Bára Jógvansdóttir Glerfoss</b>	Bragdið		<b>10.36</b>	+2.3
3	<b>Teresa Fríðriksdóttir Bláhamar</b>	Bragdið		<b>9.87</b> PB	+1.0
4	<b>Arina Ludvig Michelsen</b>	Bragdið		<b>9.65</b>	+2.8
5	<b>Björg Djurhuus Jensen</b>	Bragdið		<b>9.16</b>	+4.6
	<b>Maria Bishopstø</b>	Treysti		DNS	

## Attempts · Triple Jump · Women · Senior · Final

Place	Athlete	Attempts					
1	<b>Margit Weihe Frímundsdóttir</b>	9.61 / +2.7	9.90 / +2.0	10.26 / +4.5	9.94 / +2.7	9.99 / +3.0	<b>10.68 / +3.9</b>
2	<b>Bára Jógvansdóttir Glerfoss</b>	x	10.17 / +2.6	x	10.12 / +2.7	10.14 / +3.2	<b>10.36 / +2.3</b>
3	<b>Teresa Fríðriksdóttir Bláhamar</b>	x	x	9.23 / +2.9	9.36 / +1.4	9.85 / +4.3	<b>9.87 / +1.0</b>
4	<b>Arina Ludvig Michelsen</b>	9.16 / +2.8	9.21 / +1.8	9.36 / +4.3	9.43 / +5.0	<b>9.65 / +2.8</b>	9.52 / +2.6
5	<b>Björg Djurhuus Jensen</b>	<b>9.16 / +4.6</b>	8.80 / +4.0	8.42 / +2.3	x	x	x
	<b>Maria Bishopstø</b>						

## Shot Put · Men · Senior · Final

23 Aug, 2020, 14:45

Place	Athlete	Club/School	Bib no.	Result
1	<b>Dánjal Dahl Ljósheim</b>	Hvírlan		<b>8.93</b>
2	<b>Leon Johannesen</b>	Bragdið		<b>6.95</b>

## Attempts · Shot Put · Men · Senior · Final

Place	Athlete	Attempts				
1	<b>Dánjal Dahl Ljósheim</b>	x	8.89	8.40	<b>8.93</b>	8.86 8.90
2	<b>Leon Johannesen</b>	6.12	x	x	<b>6.95</b>	6.15 6.50

# FM vaksín 2020

22-23 Aug, 2020, Tórshavn (Tórsbreyt)

## Shot Put · Women · Senior · Final

23 Aug, 2020, 14:45

Place	Athlete	Club/School	Bib no.	Result
1	Lydia Poula Simonsen	Hvirlan		<b>10.69</b>
2	Elin Niclasen	Hvirlan		<b>8.45</b>
3	Guðrið Káradóttir Petersen	Hvirlan		<b>7.90</b>
4	Sólja Fríða Jóanisdóttir	Frælsi		<b>7.76</b>
	Helena Svabo Ziska	Hvirlan		DNS

## Attempts · Shot Put · Women · Senior · Final

Place	Athlete	Attempts						
1	Lydia Poula Simonsen	9.92	10.03	10.07	<b>10.69</b>	x	10.40	
2	Elin Niclasen	<b>8.45</b>	8.07	8.39	7.81	8.25	8.27	
3	Guðrið Káradóttir Petersen	6.91	6.89	7.74	<b>7.90</b>	7.40	7.83	
4	Sólja Fríða Jóanisdóttir	6.75	x	<b>7.76</b>	7.07	6.66	7.17	
	Helena Svabo Ziska							

## Shot Put · Mixed · Senior · Final

23 Aug, 2020, 14:45

Place	Athlete	Club/School	Bib no.	Result
1	♀ Lydia Poula Simonsen	Hvirlan		<b>10.69</b>
2	♂ Dánjal Dahl Ljósheim	Hvirlan		<b>8.93</b>
3	♀ Elin Niclasen	Hvirlan		<b>8.45</b>
4	♀ Guðrið Káradóttir Petersen	Hvirlan		<b>7.90</b>
5	♀ Sólja Fríða Jóanisdóttir	Frælsi		<b>7.76</b>
6	♂ Leon Johannesen	Bragdið		<b>6.95</b>
	♀ Helena Svabo Ziska	Hvirlan		DNS

## Attempts · Shot Put · Mixed · Senior · Final

Place	Athlete	Attempts						
1	♀ Lydia Poula Simonsen	9.92	10.03	10.07	<b>10.69</b>	x	10.40	
2	♂ Dánjal Dahl Ljósheim	x	8.89	8.40	<b>8.93</b>	8.86	8.90	
3	♀ Elin Niclasen	<b>8.45</b>	8.07	8.39	7.81	8.25	8.27	
4	♀ Guðrið Káradóttir Petersen	6.91	6.89	7.74	<b>7.90</b>	7.40	7.83	
5	♀ Sólja Fríða Jóanisdóttir	6.75	x	<b>7.76</b>	7.07	6.66	7.17	
6	♂ Leon Johannesen	6.12	x	x	<b>6.95</b>	6.15	6.50	
	♀ Helena Svabo Ziska							

## Discus Throw · Men · Senior · Final

22 Aug, 2020, 14:25

Place	Athlete	Club/School	Bib no.	Result
1	Heri Ziska	Hvirlan		<b>28.84</b>
2	Kristian Sivertsen	Treysti		<b>19.58</b>

## Attempts · Discus Throw · Men · Senior · Final

Place	Athlete	Attempts						
1	Heri Ziska	<b>28.84</b>	28.49	x	-	-	-	
2	Kristian Sivertsen	13.54	x	17.70	<b>19.58</b>	x	17.81	

## Discus Throw · Women · Senior · Final

22 Aug, 2020, 14:25

Place	Athlete	Club/School	Bib no.	Result
1	Lydia Poula Simonsen	Aarhus 1900		<b>33.12 PB</b>
2	Guðrið Káradóttir Petersen	Hvirlan		<b>28.39 PB</b>
3	Elin Niclasen	Hvirlan		<b>21.29</b>
	Helena Svabo Ziska	Hvirlan		DNS

## Attempts · Discus Throw · Women · Senior · Final

Place	Athlete	Attempts						
1	Lydia Poula Simonsen	32.22	<b>33.12</b>	x	x	x	x	
2	Guðrið Káradóttir Petersen	<b>28.39</b>	19.95	x	x	25.24	25.75	
3	Elin Niclasen	<b>21.29</b>	x	20.73	21.23	x	x	
	Helena Svabo Ziska							

## Discus Throw · Mixed · Senior · Final

22 Aug, 2020, 14:25

Place	Athlete	Club/School	Bib no.	Result
1	♀ Lydia Poula Simonsen	Aarhus 1900		<b>33.12 PB</b>
2	♂ Heri Ziska	Hvirlan		<b>28.84</b>
3	♀ Guðrið Káradóttir Petersen	Hvirlan		<b>28.39 PB</b>
4	♀ Elin Niclasen	Hvirlan		<b>21.29</b>
5	♂ Kristian Sivertsen	Treysti		<b>19.58</b>
	♀ Helena Svabo Ziska	Hvirlan		DNS

## Attempts · Discus Throw · Mixed · Senior · Final

Place	Athlete	Attempts						
1	♀ Lydia Poula Simonsen	32.22	<b>33.12</b>	x	x	x	x	
2	♂ Heri Ziska	<b>28.84</b>	28.49	x	-	-	-	
3	♀ Guðrið Káradóttir Petersen	<b>28.39</b>	19.95	x	x	25.24	25.75	
4	♀ Elin Niclasen	<b>21.29</b>	x	20.73	21.23	x	x	
5	♂ Kristian Sivertsen	13.54	x	17.70	<b>19.58</b>	x	17.81	

♀ Helena Svabo Ziska

Hammer Throw · Men · Senior · Final 22 Aug, 2020, 13:00

Place	Athlete	Club/School	Bib no.	Result
1	Heri Ziska	Hvirlan		<b>33.60</b>

Attempts · Hammer Throw · Men · Senior · Final

Place	Athlete	Attempts
1	Heri Ziska	<b>33.60</b>

Hammer Throw · Women · Senior · Final 22 Aug, 2020, 13:00

Place	Athlete	Club/School	Bib no.	Result
1	Guðrið Káradóttir Petersen	Hvirlan		<b>43.41</b> PB
2	Lydia Poula Simonsen	Aarhus 1900		<b>21.59</b>
3	Elin Niclasen	Hvirlan		<b>19.70</b>
	Helena Svabo Ziska	Hvirlan		DNS

Attempts · Hammer Throw · Women · Senior · Final

Place	Athlete	Attempts
1	Guðrið Káradóttir Petersen	x 40.36 42.69 x 40.98 <b>43.41</b>
2	Lydia Poula Simonsen	17.23 20.84 x <b>21.59</b> x 19.18
3	Elin Niclasen	15.16 15.51 17.29 17.94 19.17 <b>19.70</b>
	Helena Svabo Ziska	

Hammer Throw · Mixed · Senior · Final 22 Aug, 2020, 13:00

Place	Athlete	Club/School	Bib no.	Result
1	♀ Guðrið Káradóttir Petersen	Hvirlan		<b>43.41</b> PB
2	♂ Heri Ziska	Hvirlan		<b>33.60</b>
3	♀ Lydia Poula Simonsen	Aarhus 1900		<b>21.59</b>
4	♀ Elin Niclasen	Hvirlan		<b>19.70</b>
	♀ Helena Svabo Ziska	Hvirlan		DNS

Attempts · Hammer Throw · Mixed · Senior · Final

Place	Athlete	Attempts
1	♀ Guðrið Káradóttir Petersen	x 40.36 42.69 x 40.98 <b>43.41</b>
2	♂ Heri Ziska	<b>33.60</b> - - - -
3	♀ Lydia Poula Simonsen	17.23 20.84 x <b>21.59</b> x 19.18
4	♀ Elin Niclasen	15.16 15.51 17.29 17.94 19.17 <b>19.70</b>
	♀ Helena Svabo Ziska	

Javelin Throw · Men · Senior · Final 23 Aug, 2020, 13:00

Place	Athlete	Club/School	Bib no.	Result
1	Rógví Højgaard	Hvirlan		<b>43.98</b>
2	Kristian Sivertsen	Treysti		<b>28.33</b>
	Miso Buha	Aarhus 1900		DNS

Attempts · Javelin Throw · Men · Senior · Final

Place	Athlete	Attempts
1	Rógví Højgaard	42.55 - <b>43.98</b> r
2	Kristian Sivertsen	20.60 19.44 27.50 x 22.69 <b>28.33</b>
	Miso Buha	

Javelin Throw · Women · Senior · Final 23 Aug, 2020, 13:50

Place	Athlete	Club/School	Bib no.	Result
1	Sunniva Bogadóttir	Hvirlan		<b>38.14</b>
2	Elin Niclasen	Hvirlan		<b>37.61</b> PB
3	Sólja Fríða Jóanisdóttir	Frælsi		<b>29.25</b>
4	Elisabeth H. Simonsen	Bragdið		<b>26.15</b> SB
5	Guðrið Káradóttir Petersen	Hvirlan		<b>24.59</b> SB
	Helena Svabo Ziska	Hvirlan		NM

Attempts · Javelin Throw · Women · Senior · Final

Place	Athlete	Attempts
1	Sunniva Bogadóttir	<b>38.14</b> 32.45 33.54 36.27 33.37 35.18
2	Elin Niclasen	35.74 32.06 36.38 32.22 33.23 <b>37.61</b>
3	Sólja Fríða Jóanisdóttir	27.90 25.27 <b>29.25</b> 26.32 27.26 x
4	Elisabeth H. Simonsen	- - 24.72 <b>26.15</b> 23.60 21.49
5	Guðrið Káradóttir Petersen	<b>24.59</b> 24.22 24.33 22.64 23.88 23.84
	Helena Svabo Ziska	- r